

4 Weekly Menu Choices

**WEEK 1**

Name: \_\_\_\_\_

Day	Main Course	Dessert
<b>Monday</b>	1. Pizza Marguerita, waffles & sweetcorn	1. Flapjack
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit	2. Fresh fruit
	3. Jacket potatoes with: Tuna / Cheese / Baked beans	
<b>Tuesday</b>	1. Spaghetti Bolognese & garlic bread	1. Swiss roll & custard
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit	2. Fresh fruit
	3. Jacket potatoes with: Tuna / Cheese / Baked beans	
<b>Wednesday</b>	1. Chicken Korma, Basmati rice & mixed veg	1. Ice cream
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit	2. Fresh fruit
	3. Jacket potatoes with: Tuna / Cheese / Baked beans	
<b>Thursday</b>	1. Sausage, mash & carrots	1. Yogurt
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit	2. Fresh fruit
	3. Jacket potatoes with: Tuna / Cheese / Baked beans	
<b>Friday</b>	1. Fish & chips with peas	1. Lemon sponge & custard
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit	2. Fresh fruit
	3. Jacket potatoes with: Tuna / Cheese / Baked beans	
<i>NB Please indicate ONE choice of filling for baps</i>		

4 Weekly Menu Choices

**WEEK 2**

Name: \_\_\_\_\_

Day	Main Course		Dessert	
<b>Monday</b>	1. 2 Chicken teddies, potato smiles & mixed veg		1. Shortbread	
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit		2.Fresh fruit	
	3. Jacket potatoes with: Tuna / Cheese / Baked beans			
<b>Tuesday</b>	1. Beef pie, vegetables & roast potatoes		1. Fresh fruit salad	
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit		2.Fresh fruit	
	3. Jacket potatoes with: Tuna / Cheese / Baked beans			
<b>Wednesday</b>	1. Lasagne, garlic bread & sweetcorn		1. Ice cream	
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit		2.Fresh fruit	
	3. Jacket potatoes with: Tuna / Cheese / Baked beans			
<b>Thursday</b>	1. Fish fingers, mash & broccoli		1. Jam sponge & custard	
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit		2.Fresh fruit	
	3. Jacket potatoes with: Tuna / Cheese / Baked beans			
<b>Friday</b>	1. Sausage roll, chips & peas		1. Rice pudding & jam	
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit		2.Fresh fruit	
	3. Jacket potatoes with: Tuna / Cheese / Baked beans			
<i>NB Please indicate ONE choice of filling for baps</i>				

4 Weekly Menu Choices

**WEEK 3**

Name: \_\_\_\_\_

Day	Main Course	Dessert
<b>Monday</b>	1. Sausage, waffles & sweetcorn	1. Ice cream
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit	2. Fresh fruit
	3. Jacket potatoes with: Tuna / Cheese / Baked beans	
<b>Tuesday</b>	1. Chicken pie, roast potatoes & veg	1. Apple crumble & custard
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit	2. Fresh fruit
	3. Jacket potatoes with: Tuna / Cheese / Baked beans	
<b>Wednesday</b>	1. Cheesy pasta with breaded salmon fillet & peas	1. Yogurt
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit	2. Fresh fruit
	3. Jacket potatoes with: Tuna / Cheese / Baked beans	
<b>Thursday</b>	1. Savoury mince, potato wedges & carrots	1. Chocolate sponge & custard
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit	2. Fresh fruit
	3. Jacket potatoes with: Tuna / Cheese / Baked beans	
<b>Friday</b>	1. 2oz Beef burger in a bun, chips & baked beans	1. Flapjack
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit	2. Fresh fruit
	3. Jacket potatoes with: Tuna / Cheese / Baked beans	
<i>NB Please indicate ONE choice of filling for baps</i>		

4 Weekly Menu Choices

**WEEK 4**

Name: \_\_\_\_\_

Day	Main Course		Dessert	
<b>Monday</b>	1. Toad in the hole, roast potatoes & broccoli		1.Peaches	
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit		2.Fresh fruit	
	3. Jacket potatoes with: Tuna / Cheese / Baked beans			
<b>Tuesday</b>	1. BBQ chicken, rice & sweetcorn		1.Rice pudding & jam	
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit		2.Fresh fruit	
	3. Jacket potatoes with: Tuna / Cheese / Baked beans			
<b>Wednesday</b>	1. Cottage pie & broccoli		1.Smoothie	
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit		2.Fresh fruit	
	3. Jacket potatoes with: Tuna / Cheese / Baked beans			
<b>Thursday</b>	1. Macaroni cheese, garlic bread & carrots		1.Plain sponge & custard	
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit		2.Fresh fruit	
	3. Jacket potatoes with: Tuna / Cheese / Baked beans			
<b>Friday</b>	1. Fish, chips & peas		1.Shortbread	
	2. Filled Bap: Tuna / Egg / Ham / Cheese served with seasonal salad & fruit		2.Fresh fruit	
	3. Jacket potatoes with: Tuna / Cheese / Baked beans			
<i>NB Please indicate ONE choice of filling for baps</i>				