

To help protect your child on the Internet

Remember the **GOLD**en rules

Ground rules

- Agree how the internet should be used in your home
- Keep information private - think, would I tell this to a stranger?
- Agree rules about meeting online 'friends' in real life
- If it's not acceptable in real life it shouldn't be acceptable online
- Remember information posted online can be viewed by anyone – employer, university or?

Online safety

- Use anti-virus and parental monitoring systems
- Know where to get advice and where to report problems – see below
- Activate security and privacy settings and don't forget games consoles

Location

- For younger children Internet access should be in a family room, rather than a bedroom
- Know that Internet access can be gained by the use of other devices; such as gaming consoles, mobile phones or the neighbour's wireless Internet connection

Dialogue

- Talk to your child about their Internet use and how to stay safe
- If you think your child knows more about the Internet – ask them
- Encourage them to talk to you if they have a problem or feel uncomfortable

Keeping Safe is Simple on Social Networking Sites:

- Always keep your profile private
- Never accept friends you don't know in the real world
- Never post anything which could reveal your identity
- Never agree to meet somebody you only know online without telling a trusted adult
- Always tell someone if you feel threatened or someone makes improper suggestions

For more information or to report an issue relating to bullying please contact your local school.

Useful Websites:

Child Safe Search Engine - <http://kids.yahoo.com> or <http://www.askkids.com>
CEOP – www.thinkuknow.co.uk Facebook App - <http://www.facebook.com/clickceop>
CEOP Report Button - <http://ceop.police.uk/>
Childnet – www.childnet.com
Facebook - <http://www.facebook.com/help/?safety=parents>
General advice <http://clickcleverclicksafe.direct.gov.uk/index.html>
UK Safer Internet Centre - <http://www.saferinternet.org.uk/>
Free content filter – <http://www.k9webprotection.com>
Advice on Parental Controls - <http://www.kidsmart.org.uk/parents/parental-controls.aspx>