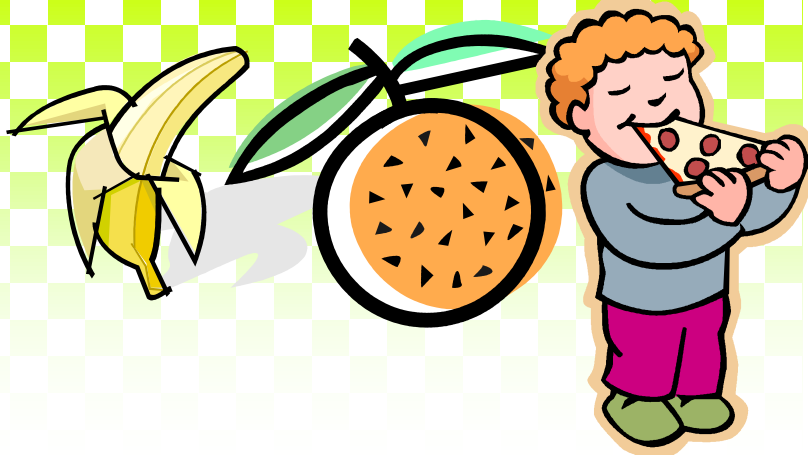


MENU

Week 4



MONDAY

MAIN COURSE

1. Toad in the hole, roast potatoes & broccoli
2. Filled bap: Tuna/Egg/Ham/Cheese served with fruit flakes
3. Jacket potato with following fillings:
Tuna mayo, Cheese and Baked Beans

DESSERT

1. Peaches
2. Fresh Fruit

TUESDAY

MAIN COURSE

1. BBQ chicken, rice & sweetcorn
2. Filled bap: Tuna/Egg/Ham/Cheese served with fruit flakes
3. Jacket potato with following fillings:
Tuna mayo, Cheese and Baked Beans

DESSERT

1. Rice pudding & jam
2. Fresh fruit

WEDNESDAY

MAIN COURSE

1. Cottage pie & broccoli
2. Filled bap: Tuna/Egg/Ham/Cheese served with fruit flakes
3. Jacket potato with following fillings:
Tuna mayo, Cheese and Baked Beans

DESSERT

1. Smoothie
2. Fresh fruit

THURSDAY

MAIN COURSE

1. Macaroni cheese, garlic bread & carrots
2. Filled bap: Tuna/Egg/Ham/Cheese served with fruit flakes
3. Jacket potato with following fillings:
Tuna mayo, Cheese and Baked Beans

DESSERT

1. Plain sponge & custard
2. Fresh fruit

FRIDAY

MAIN COURSE

1. Fish, chips & peas
2. Filled bap: Tuna/Egg/Ham/Cheese served with fruit flakes
3. Jacket potato with following fillings:
Tuna mayo, Cheese and Baked Beans

DESSERT

1. Shortbread
 2. Fresh fruit
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