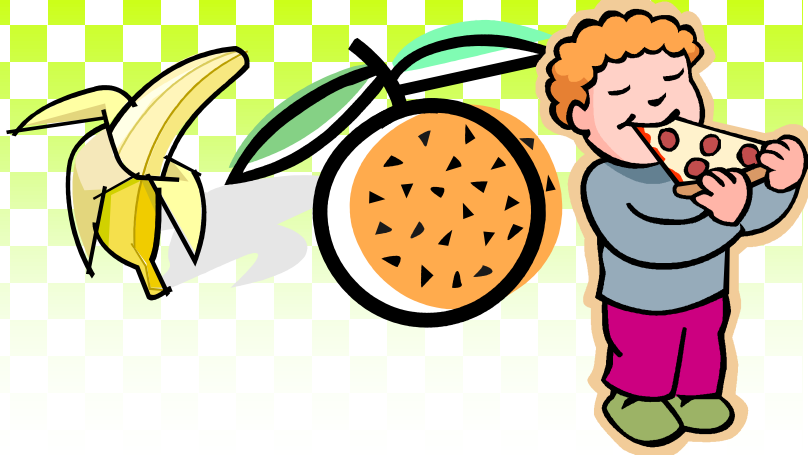


MENU

Week 3



MONDAY

MAIN COURSE

1. Sausage, waffles & sweetcorn
2. Filled bap: Tuna/Egg/Ham/Cheese served with fruit flakes
3. Jacket potato with following fillings:
Tuna mayo, Cheese and Baked Beans

DESSERT

1. Ice cream
2. Fresh fruit

TUESDAY

MAIN COURSE

1. Chicken pie, roast potatoes & veg
2. Filled bap: Tuna/Egg/Ham/Cheese served with fruit flakes
3. Jacket potato with following fillings:
Tuna mayo, Cheese and Baked Beans

DESSERT

1. Apple crumble & custard
2. Fresh fruit

WEDNESDAY

MAIN COURSE

1. Cheesy pasta with breaded salmon fillet & peas
2. Filled bap: Tuna/Egg/Ham/Cheese served with fruit flakes
3. Jacket potato with following fillings:
Tuna mayo, Cheese and Baked Beans

DESSERT

1. Yogurt
2. Fresh fruit

THURSDAY

MAIN COURSE

1. Savoury mince, potato wedges & carrots
2. Filled bap: Tuna/Egg/Ham/Cheese served with fruit flakes
3. Jacket potato with following fillings:
Tuna mayo, Cheese and Baked Beans

DESSERT

1. Chocolate sponge & custard
2. Fresh fruit

FRIDAY

MAIN COURSE

1. Beef burger in a bun, chips & baked beans
 2. Filled bap: Tuna/Egg/Ham/Cheese served with fruit flakes
 3. Jacket potato with following fillings:
Tuna mayo, Cheese and Baked Beans
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DESSERT

1. Flapjack
2. Fresh fruit